



RIB

January 17, 2006

The Rotary Club of Bloomington Noon

Weekly Meetings

**12 noon
Tuesdays
Thunderbird
Hotel**

Mission

An organization of leaders working together to make a difference in our community and the world.

The Rotary Club of Bloomington Noon

President: John Swaney
Pres Elect: Diann Kirby
Vice Pres: Don Stiles
Secretary: Karyn Arazi
Treasurer: Brett McMahon
Past Pres: Larry Lee
Dist Gov: Dan Barnett
Sgt in Arms: Rick Sitek
Exec Sec: Kathy Koehler
Directors: Marcia Gerdin, Carol Hoeft, Adam Johnston, Carolyn Pratt, Dave Senness, Laura Bjorgo, Dave Walock

Next Week's Program

Critical Incident Stress Management

Guest: Sue Johnston



Why Critical Incident Stress Management?

The Metro CISM (Critical Incident Stress Management) Team is established to help reduce or eliminate the adverse effects of acute or cumulative stress on emergency service personnel and their families.

Recognizing that emergency service personnel are uniquely positioned to be at risk for potentially harmful effects of traumatic stress, Metro CISM strives to provide effective stress management services, free of charge to any person or group involved in emergency response.

They actively reach out and identify potential avenues of service by providing several forms of counsel to metro area emergency service personnel.

One type is Pre-incident Education and is given at no charge. Their Pre-incident Education includes:

- Understanding critical incident stress
- Common signs and symptoms of critical incident stress
- Practical tips for coping with stress
- Basic understanding of the debriefing process



Other types of counsel include on Scene Support, Demobilization, Defusings, Critical Incident Stress Debriefing, and One to One Peer Support. Join us as our guest Susan Johnston educates us in Critical Incident Stress Management.

January Birthdays

- 2 Marcy Gerdin
- 2 Adam Johnston
- 8 Wally Neal
- 16 Arlene Axelson
- 18 Paul Jorgensen
- 19 Dana House
- 27 Dick Russell

January Anniversaries

- 1 Marty Chorzempa, 1yr
- 1 Dick Herberg, 16 yrs
- 1 Paul Jorgensen, 40 yrs
- 1 Dick Russell, 35 yrs
- 1 Dick Smith, 23 yrs
- 5 Chris Schadow, 18 yrs
- 5 Ed Vogt, 13 yrs
- 11 Nick Basil, 23 yrs
- 11 Jack Carlson, 34 yrs
- 16 Mike Fewer, 16 yrs
- 16 John Houle, 16 yrs
- 18 Tim Culver, 1 yr
- 26 Lee Helms, 18 yrs
- 28 Larry Lee, 14 yrs

Greeter Schedule

- Jan 24: Skipp Saaf
- Jan 31: Tim Culver
- Feb 7: Mark Bosch
- Feb 14: Dave Senness
- Feb 21: Adam Johnston
- Feb 28:
- Mar 7: Don Stiles
- Mar 14: David Pederson

This Week's Program

Meals on Wheels Presbyterian Homes Gideon Pond Center

Rotary members completed their annual community service project with Meals on Wheels this week. Meals on Wheels is a community program providing hot lunchtime meals to shut-ins during the week. Shut-ins and seniors who find it hard to cook for themselves for whatever reason can order a hot meal at a minimal cost. Volunteers help to deliver the meals. Rotary covered over 16 routes delivering 5 or 6 meals each. In our photo, Dave Senness and Jim McDonald pick up their meals for delivery.



Bloomington Meals on Wheels is now located in the new North addition to the Presbyterian Homes Gideon Pond Center at 99th and Penn Avenue South. We had a chance to tour the new state of the art facility after our meal and learned about the latest design innovations for continuum of living facilities like Presbyterian Homes. This facility has living accommodations for seniors that range from independent living to fully staffed nursing home care. Each resident has their own room for privacy and residents are grouped into wings depending on their level of needed care. With a goal to make the living arrangements as close to a private home setting with conveniences one would find in a neighborhood setting, this facility has a workout room, therapy pool, movie theater, convenience store, bank, beauty salon and a soon to be opened cafeteria. What a beautiful setting!

STRIVE

MN Supreme Court Justice Alan Page visits STRIVE January 25, 7:45 AM Kennedy High School

Minnesota Supreme Court Justice (and former Viking "Purple People Eater") Alan Page will speak to our STRIVE students at Kennedy High School on Wednesday January 25. All Rotarians are invited for this special event which will begin at 7:45 AM and end no later than 9:00 AM. **See Page 6 RIB for an agenda.**

After speaking to STRIVE for 30 minutes, Justice Page will then address the entire Junior and Senior student bodies in the Kennedy Auditorium. Since parking may be limited, **please call Don Stiles (952-941-7380) for instructions on where to park if you plan to attend this event.** Kennedy High School is located on the NE corner of Nicollet Avenue and Old Shakopee Road (about 98th Street).

Bloomington Rotary
Youth Exchange

Youth Exchange
Officer: Mark Bellestri
(612) 481-0406

2005-2006 Student:
Leonardo Cordeiro
(Leo)

Host Family:
Britta & Curtis Nelson
4515 Sedum Lane
Edina, MN 55435

Phone:
952-920-9357

E-mail:

leocordeiro182@hotmail.com



Rays of Sunshine

All Rotarians are invited to a celebration for **Dr. Gary Prest, Minnesota 2006 Superintendent of the Year**, to be held at Bloomington Civic Plaza, 1800 West Old Shakopee Road, Tuesday, January 24, 4:00 to 6:00 PM, program at 5:00. Please RSVP to (952) 681-6403. **See page 5 RIB for formal invitation.**

Wally Neal broke his foot. Wally is still working through chemo-therapy as well. Keep Wally in your prayers. Wally, we all wish you speedy healing on that foot!

Marty Chorzempa is in Arizona and will be returning to Minnesota in early April. He sends his greetings and best wishes for the District Conference. We will surely miss seeing you at our meetings, Marty.

Guests and Visitors

GiGi Brecht, Board approved for Membership, Guest of Diann Kirby

Membership

The Board of Directors at its meeting Tuesday, January 10th, approved the following for membership:

Gigi Brecht, Sponsor: Diann Kirby, Classification: Commercial Insurance
Sandhya Gupta, Sponsor: John Houle, Classification: Electrical Engineer

Also, welcome to our two newest members: **Dan Jordan and Colin Evenson.**

Member ship can now take on many forms. We now have two non-traditional forms of membership. **Dual Membership**, where two members share attending and paying for at least one meal per week between them. Both members pay the full Rotary membership dues. **Emerging Leader** is a category of membership for Rotarians under 30 years old. An Emerging Leader pays for lunches only when they attend and they pay ½ of the quarterly dues.

**Let's be an inviting club!
Give the gift of Rotary.**

District 5950 Conference

April 21-22, Hilton MSP Airport Hotel, Bloomington

Bloomington Noon Club will be in charge of the carnival Friday, April 21st. A small committee from our club is needed to organize that evening. **We will need one chairperson and two to three committee members.** The committee assignment is to communicate to and work with all District Clubs to get ideas rolling, follow-up with Clubs, work with the Hilton to make sure the appropriate space/tables, etc, are available and finally, to be there Friday night to make sure things go smoothly. The District Conference planning committee has already come up with tons of ideas that they will share with our committee. If you are willing to work on this committee, please e-mail Kathy Koehler at kkoehler@usinternet.com. Thank you for considering this need.

The 4-Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

RIB Editor:
Karyn Arazi

ADDRESS
Bloomington Noon
Rotary
P.O. Box 20300
Bloomington, MN 55420

PHONE
Kathy Koehler
952-837-1111

E-MAIL
kkoehler@usinternet.com

Upcoming Meetings

- January 24: **Critical Incident Stress Management**, Guest Sue Johnston
January 31: **Residential Care for Those with Memory Loss**, Guest Cathy Clairmont
February 7: **President Teddy Roosevelt**
February 14: **To be announced**
February 21: **To be announced**
March 7: **Park Nicollet Heart and Vascular Center Vocational Visit**

Calendar of Events

- January 24: Celebrate **Superintendent of the Year – Gary Prest**, see page 5 RIB
January 25: **Justice Alan Page** to visit **STRIVE** – see page 6 RIB
April 21-22: **District 5950 Conference**, Airport Hilton, Bloomington
April 28: **2nd Annual Crown and Wheel Social and New Member Orientation**
Contact: Skipp Saaf saafs@msn.com
June 11-14: **Rotary International Convention**, Malmo/Copenhagen Register at:
<http://www.rotary.org/events/conventions/malmo-copenhagen/index.html>
Housing at: <http://www.congresscopenhagen.dk/>

Rotary Information

Bloomington Noon Rotary
www.bloomingtonrotarymn.org

Rotary International
www.rotary.org

Rotary District 5950
www.rotary5950.org

Meeting Make-ups
http://www.rotary5950.org/where_meet.html

**Rotary on Bloomington Cable, Channel 14:
Veterans Day Program**

- Tuesday, January 31, 2006 9:37 PM
Wednesday, February 1, 2006 3:37 AM, 9:37 AM, 3:37 PM
Thursday, February 2, 2006 11:07 PM
Friday, February 3, 2006 5:07 AM, 11:07 AM, 5:07 PM



P u b l i c S c h o o l s

2006 Minnesota Superintendent of the Year

*The Bloomington Public Schools request
the honor of your presence
in celebration of the selection of*

Gary S. Prest, Ed. D.

Superintendent of the Bloomington Public Schools

as

2006 Minnesota Superintendent of the Year

Tuesday, January 24th, 2006

4:00 - 6:00 p.m. Program at 5:00 p.m.

Bloomington Civic Plaza

1800 West Old Shakopee Road

Bloomington, Minnesota 55431

Please respond if you plan to attend: 952-681-6403 or by e-mail to cdufour@bloomington.k12.mn.us.

*Sponsored by the Minnesota Association of School Administrators, Springsted, Inc.
and the City of Bloomington. Hosted by the Bloomington Board of Education.*

Justice Alan Page
January 25, 2006
Bloomington Kennedy High School
Agenda

- | | |
|--------------------|---|
| 7:45 AM | STRIVE Students arrive in Beacon Room |
| 8:00 – 8:30 | Justice Page arrives; speaks to students about “Success” |
| 8:20 – 8:35 | Junior and Senior classes assemble in Auditorium |
| 8:30 – 8:35 | Justice Page and STRIVE Students walk to Auditorium |
| 8:35 | Principal Ron Simmons introduces Justice Page |
| 8:40 – 8:55 | Justice Page speaks to assembled Juniors and Seniors |
| 8:55 – 9:00 | Time for questions from students |
| 9:00 | Adjourn |

Kennedy High School is located on the NE corner of Nicollet Avenue and 98th Street (Old Shakopee Road). **Please call Don Stiles (952-941-7380) for instructions on where to park if you plan to attend this event.**